



NATURAL FOOD DYES

Follow these easy recipes to make fresh fruit and vegetable dyes!
Then use the dyes to make "Garden Club" t-shirts!



BLUE-GRAY

Mix 1 cup frozen blueberries with 1 cup of water. Bring to room temperature and remove the blueberries.



ORANGE

Simmer the skins from 6 yellow onions in 2 cups of water for 15 minutes. Cool and strain. Add 3 tsp white vinegar.



JADE GREEN

Simmer the skins from 6 red onions in 2 cups of water for 15 minutes. Cool and strain. Add 3 tsp white vinegar.



PINK

Add 1 cup of chopped beets to 3 cups of boiling water. Cool and remove the beets. Add 2 tsp white vinegar.



LAVENDER

Add 1 tablespoon of white vinegar to 1 cup of purple grape juice.



YELLOW

Simmer 3/4 cup of carrot tops in 1 1/2 cups of water for 15 minutes. Cool and strain. Add 2 tsp white vinegar.

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